

Introduction to Lipreading
Ten week course



## Introduction to Lipreading Ten week course



Lipreading is a vital communication skill for many people with hearing loss. It involves watching and recognising the lip shapes and facial movements of a person speaking in order to gain a better understanding of what they are saying.

Everyone lipreads and watches a person's facial expressions without realising it, especially in noisy situations. Becoming a good lipreader, however, requires skill and concentration, and a great deal of practice as many words look similar on the lips. A lipreading teacher will help you to tell the difference between words.

## "I have a cochlear implant. Will I benefit from improving my lipreading skills?"

A study by researchers at the University of Nottingham measured cochlear implant users' brain activities while lipreading and found that "the more a person's brain became responsive to lipreading, the more it also became responsive to sounds delivered through their cochlear implant, and the better they were able to hear."

USAIS Hearing Therapist, Samantha Johnson, is an experienced lipreading teacher and will be running a 10 week "Introduction to Lipreading Course" at the University of Southampton on Wednesday mornings from 10.00 to 12.00 starting on 25 September 2024. (Please note there will be no class on 9 and 23 October. Last class will be Wednesday 11 December.) This course is free of charge\* but we do ask that you commit to the full 10 weeks.

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You are welcome to join this course at whatever stage you are at on your cochlear implant journey. Depending on numbers enrolled, the course may be opened up to local hard of hearing organisations.

\*A small voluntary contribution towards refreshments will be requested.