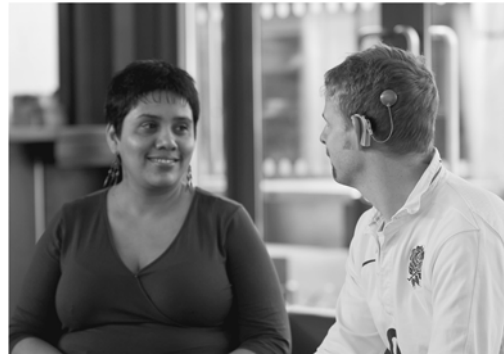


Managing your cochlear implant at home using a new website or app

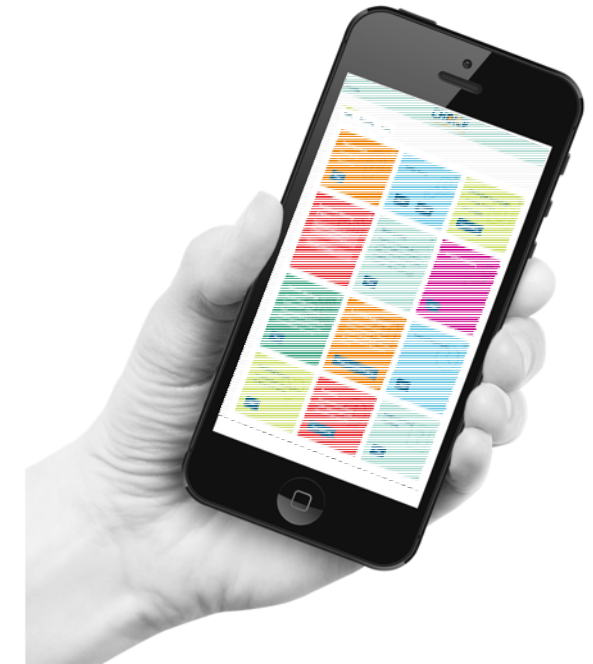


Some people with cochlear implants have told us that they would like to look after their cochlear implant care themselves at home. Some people only want to come to the cochlear implant centre when they need help with something.

CHOICE is a service that helps you to look after your cochlear implant at home using a computer or mobile device. We call this 'remote care'.

CHOICE may not be suitable for everyone – you will be contacted by AIS with more information if you score 15dB SNR on the hearing check test.

It is up to you to decide whether you want to start using **CHOICE** or not. You can discuss it with the cochlear implant centre, and may want to talk to family or friends too.



With the **CHOICE website** or **app**, you can:

- Check your hearing
- Practise listening in background noise
- Practise listening to music
- Upload a photo of your cochlear implant site (behind your ear) if you have concerns
- Order spare parts (like a new cable)
- Check if you have any problems by filling in a general check-up questionnaire
- Receive reminders to help look after your processor (for example to change your microphone covers)

Cochlear implant follow-up at home

The staff at your cochlear implant centre can see how you are getting on with CHOICE. Your clinicians will look at photos you upload and let you know what they think. They will also see your hearing check results and will notice if your hearing gets worse. CHOICE will help you decide when you need to go to the cochlear implant centre for help. You can still go to the centre any time that you need to. They are always there to help you.



Note:

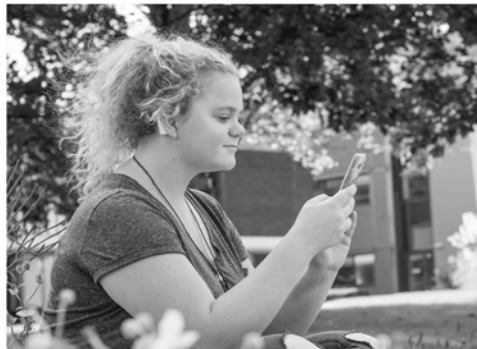
- CHOICE is currently available for patients who have had their cochlear implant for at least 1 year.
- CHOICE may not be suitable for everyone.
- Patients will still be invited to attend USAIS clinic if they are due a 3rd annual review or processor upgrade.

Your CHOICE :

You may want to try using the CHOICE website or app to look after your cochlear implant at home.

You can change your mind at any time and stop using it.

You can still go to the clinic whenever you need help with anything.



How to Register:

The user manual, which contains information about registration, is on our USAIS website:

<https://ais.southampton.ac.uk/choice/>

NOTE: Internet Explorer cannot be used for registration purposes. Please use another web browser e.g. google chrome

The password for registration is **implant**.

CHOICE was developed at University of Southampton. For more information please contact us:

-  @CIRemoteCare
-  AIS.choice@soton.ac.uk
-  TEL: 02380 593 522 SMS: 07887 790 765
-  <https://ais.southampton.ac.uk/choice/>



The Ear Foundation
Hearing & Communicating in a Technological Era



Wessex
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