

**LISTENING TO SOUNDS**

To help you experiment with your cochlear implant it may help you to have this checklist of sounds. Go around the house and outside and see how many you can hear and/or recognize. You will probably not recognize them all, and often you may know there is a sound but not know what it is. Here is a list of common sounds; mark off sounds you can hear. You may need someone to help point out some of the more difficult sounds to you at first.

<b>SOUNDS</b>	<b>DETECT</b>	<b>DETECT &amp; IDENTIFY</b>
<b>Sounds inside the house</b>		
<b>Kitchen</b>		
Footsteps...own...others		
Running water in the sink		
Dishes in the sink		
Water emptying from sink		
Filling a glass with water		
Opening/closing cupboard		
Opening/closing oven door		
Opening/closing refrigerator		
Putting a saucepan into a cupboard		
Putting cutlery into a drawer		
Putting cutlery into a sink		
Putting cutlery on the table		
Stirring food in a saucepan with a metal spoon		
Stirring food in a saucepan with a wooden spoon		
Stirring sugar in tea/coffee cup		
Whistling kettle		
Food frying		
Chopping vegetables		
Peeling an apple with a knife		
Breaking an egg		
Oven timer		
Using a can opener		
Opening a can with a tab		
Stove/oven fan		
Blender or mixer		
Refrigerator motor		
Tap dripping		
Water boiling		
<b>Laundry</b>		
Washing machine - agitating		
Clothes dryer - tumbling		
Washer cycle changes - rinse, spin		
Timer on dryer		
Opening/closing cupboard door		

<b>Bathroom</b>		
Water filling sink		
Water filling tub		
Water emptying sink/tub		
Sound of shower		
Brushing teeth		
Electric shaver		
Hair dryer		
Toilet flushing		
Toilet filling		
<b>Bedroom</b>		
Alarm clock ringing		
Clock ticking		
Winding of clock		
Shoes dropped on floor		
Coat hangers rattling in closet		
Opening/closing a drawer		
Opening/closing a door		
<b>Living Room</b>		
T.V.		
Radio: Music, Speech		
CD player, Tape player, Record player		
Piano		
Turning pages of a book		
Turning pages of a newspaper		
Knock on the door		
Door bell		
Window opening		
Clock ticking		
Car passing by outside		
Truck passing by outside		
Ceiling fan		
Telephone ringing		
Vacuum cleaning		
<b>Telephone Sounds</b>		
Phone ringing		
Dial tone		
Sound of dialling		
Ringing signal		
Busy signal		
Receiver picked up at the other end		
Voice over the phone		
"Recording" - time, etc., phone message		

<b>Peoples voices (Don't worry if you can not understand what is being said, put a mark by the voices you can hear)</b>		
Voice of a man in the same room		
Voice of a woman in the same room		
Voice of a child in the same room		
Voice of a man in another room		
Voice of a woman in another room		
Voice of a child in another room		
A group of people talking		
People singing		
<b>Sounds OUTSIDE the house</b>		
Traffic noise		
Car approaching		
Car passing		
City bus stopping		
City bus leaving		
Truck approaching		
Truck passing		
Motor bike approaching		
Motor bike passing		
Train approaching		
Train passing		
Train whistle		
Airplane (close overhead)		
Car horn		
Fire engine/police car siren/whistle		
Traffic crossing beeping signal		
Truck reversing (beeping sound)		
Mower		
Hammering		
Pneumatic drill		
Footsteps on concrete		
Groups of people - talking etc		
Children laughing, calling to each other etc		
Wind blowing through tress, leaves rustling		
Waves breaking at the beach		
Light/heavy rain falling		
Sleet		
Thunder		
Wind chimes		
<b>In the car</b>		
Car door opening and closing		

Car door slam		
Car motor		
Car radio		
Indicator (turning) signal		
Car horn		
Windshield wipers - slow - fast		
Car passing		
Truck passing		
Windows going up and down		
Fire engine/police car/siren		
<b>In the supermarket</b>		
Voices over the public address system		
Shopping cart		
Cans, bottles, etc, rattling in the cart		
People talking		
<b>At Church</b>		
Congregation singing		
Organ or other musical instruments		
Minister or priest speaking		
Movement of congregation sitting or standing		
Babies crying		
People talking outside of church		
<b>Coffee shop or restaurant</b>		
Cups and saucers rattling		
Stirring sugar in a cup		
Waiter/waitresses voice		
Music		
Other people talking		
<b>Animal sounds</b>		
Dog bark - (close)		
Cat Meow		
Cat purring		
Birds singing		
<b>Sounds people make</b>		
Coughing		
Laughter		
Sneezing		
Clapping		
Finger snapping		
Baby crying		
Baby laughing		

Stomach growling		
Burping		
Yawning		
Hiccupping		
Whistling		
<b>Other sounds</b>		
Machine at work		
Sewing machine		
Computer keyboard/type-writer		

**EVERY DAY SOUNDS CHECKLIST**

Door closing

Somebody talking

Doorbell/knocker

Dog barking

Traffic noise

Telephone ringing

Baby crying

Footsteps

Sirens

Bird singing

Music

Toilet flushing

Water running

Radio/television